

MRSA Information



*methicillin-resistant
staphylococcus aureus*

Name: _____
Date: _____
ID #: _____
DOB: _____

IF YOU NOTICE:

- Boils: tender, red lumps that swell and get pimple-like white heads.
- Boils can form on oily or moist skin such as neck, armpits, groin, and buttocks.
- Small red bumps that look like spider bites or ingrown hairs.
- Pain out of proportion to skin conditions.

IF YOU NOTICE ANY OF THE ABOVE SYMPTOMS (or any abnormal skin conditions), NOTIFY YOUR MEDICAL STAFF IMMEDIATELY



DO:

- Wash hands at least 3 times per day or whenever they are visibly soiled with Hibiclens to help prevent cross-contamination.
- Shower immediately after activity in water as hot as can be comfortably tolerated using an antimicrobial cleanser.
- Advise people you come into close contact with to wash their hands with a liquid antimicrobial cleanser. We recommend Hibiclens.
- Keep wounds and lesions covered with clean, dry bandages. This is especially important when drainage is present.
- Disinfect all towels, sheets, and surfaces that come into contact with the wound with a solution of 1:100 of household bleach to water.¹
- Wash and dry clothes, linens and towels on the HOT setting if possible. If not possible, make sure all fabrics are COMPLETELY dry before removing from the dryer
- Avoid participating in contact sports or other skin-to-skin contact until the infection has healed.
- Use a skin antiseptic (like Hibiclens) to treat MRSA on the skin, in combination with antibiotics as prescribed by your doctor/medical staff.
- Use Hibiclens for the prevention of skin infections.
- Wash hands and forearms above the elbow before and after activity where contamination is likely.

DO NOT:

- Get in a whirlpool or common tub.
- Share bars of soap, razors, towels, or athletic gear.
- Wait to see if it gets better on its own.
- Contact infected area with any surface that is shared by others.



Hibiclens® and Hibistat® contain CHG as an active ingredient, which combines immediate kill with 6 hours of residual germ killing activity². Hibiclens has been proven to kill MRSA (*in vitro*) and other staph infections.^{3, 4}

Mölnlycke does not provide medical advice. The above measures and guidelines are not intended as a substitute for institution procedures or professional medical advice. As with all matters potentially involving the spread of infectious diseases, advice should be sought from appropriate medical professionals. ¹ Antibiotic resistant Staph infection MRSA fact sheet for patients. County of Orange. Accessed at <http://www.ochealthinfo.com/docs/public/epi/mrsa/MRSA-FactSheet.pdf> ² Mölnlycke study #030917-150 ³ Mölnlycke Tests 05-0338-201 & 05-0521-201. ⁴ Mölnlycke Study HIB 3-107-10-1.



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