



LOYALSOCK TOWNSHIP SCHOOL DISTRICT
DONALD E. SCHICK
ELEMENTARY SCHOOL MENU
DECEMBER 2018
BREAKFAST \$1.30 REDUCED .30
LUNCH \$2.40 REDUCED .40
 MENU SUBJECT TO CHANGE
 *This institution is an equal opportunity provider

***FUEL UP WITH BREAKFAST!**
 *CHOOSE 1 ENTRÉE
 *CHOOSE 1 OR 2:
 FRUIT/JUICE/VEGGIE
 *CHOOSE YOUR MILK:
 1% & FAT FREE MILK CHOICES
***BUILD A HEALTHY LUNCH!**
 *CHOOSE 1 ENTRÉE
 *CHOOSE 1 OR 2 VEGGIES/
 VEGGIE SALADS
 *CHOOSE 1 FRUIT
 *CHOOSE YOUR MILK:
 1% & FAT FREE MILK CHOICES

**Prepay
On-line!**

Go to
myschoolbucks.com

AVAILABLE DAILY AT LUNCH:
 *PBJ *Yogurt Power Pack
 *Lunch Munchable
 *Variety of Tasty and Healthy
 Fruit & Veggie & Salad Choices
 *1% Low Fat Milk, Fat Free Milk
 and 1% Low Fat Chocolate,
 Strawberry & Vanilla Flavored
 Milk



QUESTIONS?
 Call our Food & Nutrition
 Services Office
 (570) 323-3211
 *Pre-Pay online at
 myschoolbucks.com








***FRUIT & VEGGIE OF
THE MONTH:
CAULIFLOWER
KIWI**



***GET IN TOUCH WITH US TODAY
TO LEARN MORE ABOUT
FREE AND REDUCED-PRICE
MEALS IN OUR DISTRICT:
570-323-3211
bhufnagel@loyalsocklancers.org**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast: Maple Burstin' Pancakes OR Cold Cereal & Honey Grahams Fruit/Juice/Variety of Milk LUNCH Chicken Nuggets & Noodles Glazed Carrots Garden Salad/Ranch Dressing Tropical Pineapple Variety of Milk LUNCH MUNCHABLE THIS WEEK: Pizza Party Pack	4 Breakfast: Stuffed Bagel OR Cold Cereal & Trix Yogurt Fruit/Juice/Variety of Milk LUNCH Walking Taco Mexican Black Beans Broccoli Dippers Chilly Pears Variety of Milk	5 Breakfast: Warm Cinni-Minis OR Cold Cereal & Mini Bun Fruit/Juice/Variety of Milk LUNCH Little Lancer Turkey Sub Sandwich w/ Tiny Twist Pretzels Alphabet Veggie Soup Crunchy Cucumbers Applesauce Variety of Milk	6 Breakfast: Breakfast Pizza OR Cold Cereal & Blueberry Muffin Fruit/Juice/Variety of Milk LUNCH Meatball Sandwich Waffle Taters Baby Carrots *Kiwi Smiles* Variety of Milk 	7 Breakfast: Maple Waffles OR Cold Cereal & Cereal Bar Fruit/Juice/Variety of Milk LUNCH Cheese Pizza Wedge Steamed Broccoli Celery Sticks Apple Slices Variety of Milk
10 Breakfast: Cinnamon French Toast OR Cold Cereal & Honey Grahams Fruit/Juice/Variety of Milk LUNCH Hot Diggity Dog Baked Beans/Broccoli Dippers Peach Slices/Variety of Milk LUNCH MUNCHABLE THIS WEEK: Ham & Cheese Nibblers	11 Breakfast: Warm Frudel OR Cold Cereal & Trix Yogurt Fruit/Juice/Variety of Milk LUNCH Popcorn Chicken with Roll Sweet Potato Crinkles Baby Carrots Applesauce Variety of Milk	12 Breakfast: Breakfast Bun OR Cold Cereal & Super Star Fruit/Juice/Variety of Milk LUNCH Grilled Cheese Sandwich & Tomato Soup/Crackers Steamed Broccoli Garden Salad/Ranch Dressing Red Grapes/Variety of Milk	13 Breakfast: Breakfast Pizza OR Cold Cereal & Banana Bread Fruit/Juice/Variety of Milk LUNCH Mandarin Chicken & Rice Bowl with Bread Stick *Try Roasted Cauliflower* Baby Carrots/Celery Sticks Mandarin Oranges Variety of Milk 	14 Breakfast: Blueberry Waffles OR Cold Cereal & Cereal Bar Fruit/Juice/Variety of Milk LUNCH Cheeseburger/Hamburger Golden Potato Fries Crunchy Cucumber Slices Sweet Strawberries Variety of Milk
17 Breakfast: Maple Burstin' Pancakes OR cold Cereal & Honey Grahams Fruit/Juice/Variety of Milk LUNCH Chicken Tenders & Roll Spiral Taters/Baby Carrots Cinnamon Applesauce Variety of Milk LUNCH MUNCHABLE THIS WEEK: Turkey & Cheese Nibblers	18 Breakfast: Stuffed Bagel OR Cold Cereal & Trix Yogurt Fruit/Juice/Variety of Milk LUNCH Twin Tacos w/Toppings Cup & Fiesta Rice Refried Beans/Celery Sticks Tropical Pineapple Variety of Milk	19 Breakfast: Warm Cinni-Minis OR Cold Cereal & Mini Bun Fruit/Juice/Variety of Milk LUNCH French Toast Sticks & Sausage EMOJI Taters Broccoli Dippers Juicy Peaches Variety of Milk	20 Breakfast: Breakfast Pizza OR Cold Cereal & Blueberry Muffin Fruit/Juice/Variety of Milk HOLIDAY LUNCH! Baked Turkey & Noodles Mashed Potatoes/Gravy Green Beans/Power Salad Mandarin Oranges Variety of Milk *HOLIDAY COOKIE*	21 Breakfast: Maple Waffles OR cold Cereal & Cereal Bar Fruit/Juice/Variety of Milk LUNCH Max Cheese Stuffed Bread Sticks/Marinara Dipping Sauce Honey Sweet Carrots Rainbow Pepper Strips Pears/Variety of Milk *K-12 EARLY DISMISSAL*

<p>24</p> <p>NO SCHOOL THIS WEEK.</p> <p>SEE YOU IN THE NEW YEAR!</p>	<p>25</p> 	<p>26</p> 	<p>27</p> 	<p>28</p> 
<p>31</p> <p>NO SCHOOL TODAY</p>	<p>1</p> 	<p>2</p> <p>Breakfast: Breakfast Bun OR Cold Cereal & Super Star Fruit/Juice/Variety of Milk</p> <p>LUNCH</p> <p>Cheeseburger or Hamburger Potato Smiles Baby Carrots Applesauce Variety of Milk</p> <p>LUNCH MUNCHABLE THIS WEEK: SUPER CHEF SALAD POWER PACK</p>	<p>3</p> <p>Breakfast: Breakfast Pizza OR Cold Cereal & Banana Bread Fruit/Juice/Variety of Milk</p> <p>LUNCH</p> <p>Crispy Chicken Sandwich Mixed Veggies/Cucumber Slices Juicy Peaches Variety of Milk</p>	<p>4</p> <p>Breakfast: Blueberry Waffles OR Cold Cereal & Cereal Bar Fruit/Juice/Variety of Milk</p> <p>LUNCH</p> <p>Personal Round Pizza Steamed Broccoli/Caesar Salad Mandarin Oranges Variety of Milk</p>

LUNCH NOTES

Additional Fruits available daily may include: Banana, Fresh Orange, Local Apples, Tropical Pineapple, Juicy Sliced Peaches, Chilled Applesauce, Mixed Fruit, Pear Slices, Mandarin Oranges

Additional Veggies available daily may include: Baby Carrots, Crisp Celery Sticks, Broccoli Florets, Fresh Cauliflower, Grape Tomatoes, Garden Salad, Rainbow Bean Salad, Chicka Chicka Boom Boom Salad, Spinach Salad, Romaine Caesar Salad, Mixed Pepper Strips

