



DECEMBER 2023

DONALD E. SCHICK ELEMENTARY SCHOOL

*FREE BREAKFAST & LUNCH FOR ALL STUDENTS!
 BREAKFAST INCLUDES FRUIT AND/OR FRUIT JUICE OPTIONS
 AND 1% OR SKIM MILK CHOICES
 LUNCH INCLUDES A VARIETY OF FRUIT & VEGGIE OPTIONS
 AND FLAVORED AND UNFLAVORED MILK CHOICES

Monday

Tuesday

Wednesday

Thursday

Friday



SUPER CEREAL CUP OR MAPLE PANCAKES 4
 *CHICKEN NUGGETS & ROLL
 *TURKEY & CHEESE FUN BENTO BOX
 *PBJ
 *FARMER'S MARKET SALAD BOWL
 *BROCCOLI/CUCUMBER WHEELS
 *MANDARIN ORANGES *MILK CHOICE

SUPER CEREAL CUP OR BLUEBERRY MUFFIN 5
 *MAX CHEESE STIX & MARINARA
 *JUST PEACHY YOGURT PARFAIT
 *PBJ
 *FARMER'S MARKET SALAD BOWL
 *MIXED VEGGIES/BABY CARROTS
 *TROPICAL PINEAPPLE *MILK CHOICE

SUPER CEREAL CUP OR CINNAMON TOAST CRUNCH BAR 6
 *WALKING TACO!
 *PIZZA PARTY MUNCHABLE
 *PBJ
 *FARMER'S MARKET SALAD BOWL
 *GOLDEN CORN/CELERY STICKS
 *PEACHES *MILK CHOICE

SUPER CEREAL CUP OR FRUDEL 7
 *CRISPY CHICKEN SANDWICH
 *TACO NACHO DUNKERS
 *PBJ
 *FARMER'S MARKET SALAD BOWL
 *TATER TOTS/BROCCOLI DIPPERS
 *BANANA *MILK CHOICE

SUPER CEREAL CUP OR BREAKFAST RING 1
 *CHEESE OR PEPPERONI PIZZA
 *YOGURT POWER PACK
 *PBJ
 *KID SUPER CHEF SALAD BOWL
 *GARDEN SALAD/BABY CARROTS
 *APPLE SLICES *MILK CHOICE

SUPER CEREAL CUP OR PANCAKE POP-EMS 8
 *PIZZA WEDGE
 *YOGURT POWER PACK
 *PBJ
 *FARMER'S MARKET SALAD BOWL
 *CHICKA CHICKA SALAD/CARROTS
 *APPLESAUCE *CHOICE OF MILK

SUPER CEREAL CUP OR CINNI-MINI 11
 *CHICKEN TENDERS & RAINBOW RICE
 *TURKEY & CHEESE FUN BENTO BOX
 *PBJ *KID SUPER CHEF SALAD BOWL
 *GREEN BEANS/CELERY STICKS
 *MIXED FRUIT *MILK CHOICE

SUPER CEREAL CUP OR CHOCOLATE CHIP MUFFIN 12
 *TOASTY CHEESE SANDWICH
 *BERRY-LICIOUS YOGURT PARFAIT
 *PBJ
 *KID SUPER CHEF SALAD BOWL
 *SWEET POTATO FRIES/CARROTS
 *FROSTY FRUIT CUP! *MILK CHOICE

SUPER CEREAL CUP OR FRENCH TOAST STICKS 13
 *CRISPY FISH STIX & HUSH PUPPIES
 *PIZZA PARTY MUNCHABLE
 *PBJ
 *KID SUPER CHEF SALAD BOWL
 *HUMMUS/VEGGIE DIPPERS
 *SWEET PEAR CUP *MILK CHOICE

SUPER CEREAL CUP OR EGGO WAFFLE 14
 *FRENCH TOAST STIX/CHEESY EGGS
 *TACO NACHO DUNKERS
 *PBJ
 *KID SUPER CHEF SALAD BOWL
 *EMOJI TATERS/BROCCOLI
 *APPLESAUCE *MILK CHOICE

SUPER CEREAL OR BREAKFAST RING 15
 *STUFFED CRUST PIZZA
 *YOGURT POWER PACK *PBJ
 *KID SUPER CHEF SALAD BOWL
 *GARDEN SALAD/BABY CARROTS
 *APPLE SLICES *MILK CHOICE

SUPER CEREAL CUP OR MAPLE PANCAKES 18
 *POPCORN CHICKEN & ROLL
 *YOGURT POWER PACK *PBJ
 *FARMER'S MARKET SALAD
 *CRISPY FRIES/CUCUMBER WHEELS
 *TROPICAL PINEAPPLE
 *MILK CHOICE

SUPER CEREAL CUP OR BLUEBERRY MUFFIN 19
 *HOT DIGGITY DOG
 *PEACHY YOGURT PARFAIT *PBJ
 *FARMER'S MARKET SALAD BOWL
 *BAKED BEANS/BROCCOLI SALAD
 *MANDARIN ORANGES
 *MILK CHOICE

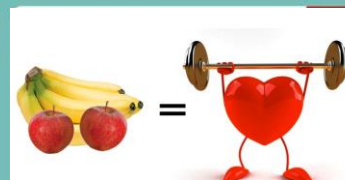
SUPER CEREAL CUP OR CINNAMON TOAST CRUNCH BAR 20
 *CHEESEBURGER/HAMBURGER/
 *VEGGIE BURGER
 *PIZZA PARTY MUNCHABLE *PBJ
 *FARMER'S MARKET SALAD BOWL
 *POTATO SMILES/BROCCOLI DIPPERS
 *SWEET CHERRIES! *MILK CHOICE

SUPER CEREAL CUP OR FRUDEL 21
 *CHEESE OR PEPPERONI PIZZA
 *YOGURT POWER PACK *PBJ
 *FARMER'S MARKET SALAD BOWL
 *GOLDEN CORN/BABY CARROTS
 *APPLESAUCE *MILK CHOICE
 K-12 EARLY DISMISSAL

NO SCHOOL TODAY 22

HAPPY HOLIDAYS 25

SEE YOU ON
 JANUARY 2ND!



*MENU SUBJECT TO CHANGE
 QUESTIONS ABOUT OUR MEAL PROGRAM?
 CONTACT Beth Hufnagel RD LDN FSD 570-323-3211 or
bhufnagel@loyalsocklancers.org
 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*EVERY FRIDAY IS ICE CREAM FRI-YAY! \$1.00
 *AVAILABLE DAILY FOR PURCHASE:
 8 OZ. BOTTLED WATER .75
 ASSORTED WHOLE GRAIN SNACKS \$1.00
 MOTTS 100% FRUIT JUICE BOX \$1.00

