



# JANUARY 2024

## DONALD E. SCHICK ELEMENTARY SCHOOL

\*FREE BREAKFAST & LUNCH FOR ALL STUDENTS!  
BREAKFAST INCLUDES FRUIT AND/OR FRUIT JUICE AND 1% OR SKIM MILK  
LUNCH INCLUDES A VARIETY OF FRUITS & VEGGIES AND FLAVORED AND UNFLAVORED MILK CHOICES

Monday

Tuesday

Wednesday

Thursday

Friday



1

SUPER CEREAL CUP OR BLUEBERRY MUFFIN

2

\*MAX CHEESE STIX & MARINARA  
\*JUST PEACHY YOGURT PARFAIT \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*MIXED VEGGIES/BABY CARROTS  
\*TROPICAL PINEAPPLE \*MILK CHOICE

SUPER CEREAL CUP OR CINNAMON TOAST CRUNCH BAR

3

\*MNI TURKEY CORN DOGS  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GOLDEN CORN/CELERY STICKS  
\*JUICY PEACHES \*MILK CHOICE

SUPER CEREAL CUP OR FRUDEL

4

\*CRISPY CHICKEN SANDWICH  
\*TACO NACHO DUNKERS \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*TATER TOTS/BROCCOLI DIPPERS  
\*BANANA \*MILK CHOICE

SUPER CEREAL CUP OR PANCAKE POP-EMS

5

\*PIZZA WEDGE  
\*YOGURT POWER PACK \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*CHICKA CHICKA SALAD/CARROTS  
\*APPLESAUCE \*MILK CHOICE

SUPER CEREAL CUP OR CINNI-MINI

8

\*CHICKEN TENDERS & RAINBOW RICE  
\*TURKEY & CHEESE FUN BENTO BOX \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*SWEET PEAS/CELERY STICKS  
\*MIXED FRUIT \*MILK CHOICE

SUPER CEREAL CUP OR CHOCOLATE CHIP MUFFIN

9

\*TOASTY CHEESE SANDWICH  
\*BERRY-LICIOUS YOGURT PARFAIT \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*POTATO SMILES/BABY CARROTS  
\*FROSTY FRUIT CUP! \*MILK CHOICE

SUPER CEREAL CUP OR FRENCH TOAST STICKS

10

\*CRISPY FISH STIX & HUSH PUPPIES  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*HUMMUS/VEGGIE DIPPERS  
\*SWEET PEAR CUP \*MILK CHOICE

SUPER CEREAL CUP OR EGGO WAFFLE

11

\*FRENCH TOAST STIX/CHEESY EGGS  
\*TACO NACHO DUNKERS \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*POTATO TRIANGLE/BROCCOLI  
\*APPLESAUCE \*MILK CHOICE

SUPER CEREAL OR BREAKFAST RING

12

\*STUFFED CRUST PIZZA  
\*YOGURT POWER PACK \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*GARDEN SALAD/BABY CARROTS  
\*APPLE SLICES \*MILK CHOICE

**NO SCHOOL FOR STUDENTS  
TEACHER PROFESSIONAL  
EDUCATION DAY**

15

SUPER CEREAL CUP OR BLUEBERRY MUFFIN

16

\*HOT DIGGITY DOG  
\*JUST PEACHY YOGURT PARFAIT \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*BAKED BEANS/BROCCOLI SALAD  
\*MANDARIN ORANGES \*MILK CHOICE

SUPER CEREAL CUP OR CINNAMON TOAST CRUNCH BAR

17

\*CHEESEBURGER/HAMBURGER/  
VEGGIE BURGER  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*EMOJI TATERS/BABY CARROTS  
\*JUICY PEACHES \*MILK CHOICE

SUPER CEREAL CUP OR FRUDEL

18

\*POPCORN CHICKEN & MINI PIEROGIES  
\*TACO NACHO DUNKERS \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GREEN BEANS/CUCUMBER WHEELS  
\*STRAWBERRIES \*MILK CHOICE

SUPER CEREAL CUP OR PANCAKE POP-EMS

19

\*CHEESE OR PEPPERONI PIZZA  
\*YOGURT POWER PACK \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GOLDEN CORN/BABY CARROTS  
\*APPLESAUCE \*MILK CHOICE

SUPER CEREAL CUP OR CINNI-MINI

22

\*CHICKEN NUGGETS & ROLL  
\*YOGURT POWER PACK \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*CRISPY FRIES/CUCUMBER WHEELS  
\*PINEAPPLE \*MILK CHOICE

SUPER CEREAL CUP OR CHOCOLATE CHIP MUFFIN

23

\*CHEESY MAC & CORN MUFFIN  
\*BERRY-LICIOUS YOGURT PARFAIT \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*BROCCOLI/BABY CARROTS  
\*APPLE SLICES \*MILK CHOICE

SUPER CEREAL CUP OR FRENCH TOAST STICKS

24

\*SQUIGGLE NOODLES/MEAT SAUCE &  
BREAD STICK  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*SWEET PEAS/CELERY STICKS  
\*SWEET PEAR CUP \*MILK CHOICE

SUPER CEREAL CUP OR EGGO WAFFLE

25

\*PERSONAL PIZZA  
\*YOGURT POWER PACK \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*CRUNCHERZ! CHICKPEAS/CARROTS  
\*APPLESAUCE \*MILK CHOICE

**NO SCHOOL FOR STUDENTS  
TEACHER CLERICAL DAY**

26

SUPER CEREAL CUP OR BANANA BREAD

29

\*CHICKEN TENDERS & ROLL  
\*TURKEY & CHEESE FUN BENTO BOX \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*POTATO SMILES/CAULI-DIPPERS  
\*JUICY PEACHES \*MILK CHOICE

SUPER CEREAL CUP OR CHOCOLATE CHIP MUFFIN

30

\*DUTCH WAFFLE & SAUSAGE LINKS  
\*JUST PEACHY YOGURT PARFAIT \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*PARADISE PUNCH/BABY CARROTS  
\*ORANGE WEDGES \*MILK CHOICE

SUPER CEREAL CUP OR CINNAMON TOAST CRUNCH BAR

31

\*MAX CHEESE STIX & MARINARA  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GOLDEN CORN/BROCCOLI DIPPERS  
\*MIXED FRUIT CUP \*MILK CHOICE

\*MENU SUBJECT TO CHANGE  
QUESTIONS ABOUT OUR MEAL PROGRAM?  
CONTACT Beth Hufnagel RD LDN FSD 570-323-3211 or  
[bhufnagel@loyalsocklancers.org](mailto:bhufnagel@loyalsocklancers.org)  
\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\*EVERY FRIDAY IS ICE CREAM FRI-YAY! \$1.00  
\*AVAILABLE DAILY FOR PURCHASE:  
8 OZ. BOTTLED WATER .75  
ASSORTED WHOLE GRAIN SNACKS \$1.00  
MOTTS 100% FRUIT JUICE BOX \$1.00

