



# MARCH 2024

## DONALD E. SCHICK ELEMENTARY SCHOOL

\*FREE BREAKFAST & LUNCH FOR ALL STUDENTS!  
BREAKFAST INCLUDES FRUIT AND/OR FRUIT JUICE AND 1% OR SKIM MILK  
LUNCH INCLUDES A VARIETY OF FRUITS & VEGGIES AND FLAVORED AND UNFLAVORED MILK CHOICES

Monday



Tuesday

Wednesday

Thursday

Friday

**MARCH 4<sup>TH</sup> – MARCH 8<sup>TH</sup> IS  
SCHOOL BREAKFAST WEEK –  
SURF'S UP!!!**  
**\*JOIN US FOR FREE, FUN AND  
FANTASTIC BREAKFAST OPTIONS**

**SUPER CEREAL CUP OR  
YOGURT & ORANGE MUFFIN** **4**

\*CHICKEN TENDERS & ROLL  
\*TURKEY/CHEESE BENTO BOX \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*SWEET PEAS/CELERY STICKS  
\*TROPICAL PINEAPPLE  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
HAWAIIAN SUNRISE WAFFLEWICH** **5**

\*TOASTY CHEESE SANDWICH  
\*BERRY YOGURT PARFAIT \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*POTATO SMILES/BABY CARROTS  
\*FROSTY MIXED BERRIES CUP  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
ALOHA SMOOTHIE & NUTRIGRAIN** **6**

\*HOT DIGGITY DOG  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*BAKED BEANS/CUCUMBER WHEELS  
\*APPLESAUCE  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
BREAKFAST PIZZA** **7**

\*FRENCH TOAST STIX/CHEESY EGGS  
\*TACO NACHO DUNKERS \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*POTATO TRIANGLE/BROCCOLI  
\*SWEET PEAR CUP  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
DONUT HOLES** **8**

\*STUFFED CRUST PIZZA  
\*YOGURT POWER PACK \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*GARDEN SALAD/BABY CARROTS  
\*CRUNCHY APPLE SLICES  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
BANANA BREAD** **11**

\*CHICKEN NUGGETS&MINI PIEROGIES  
\*TURKEY/CHEESE BENTO BOX \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GOLDEN CORN/CAULI-DIPPERS  
\*JUICY PEACHES  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
BLUEBERRY MUFFIN** **12**

\*CHEESEBURGER/HAMBURGER/  
VEGGIE BURGER  
\*PEACHY YOGURT PARFAIT \*PBJ  
\*FARMER' MARKET SALAD BOWL  
\*EMOJI TATERS/BROCCOLI  
\*MANDARIN ORANGES \*MILK CHOICE

**SUPER CEREAL CUP OR  
CINNAMON TOAST CRUNCH BAR** **13**

\*PASTA/MEATBALLS & BREAD STICK  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GREEN BEANS/BABY CARROTS  
\*STRAWBERRIES  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
FRUDEL** **14**

\*POPCORN CHICKEN & ROLL  
\*TACO NACHO DUNKERS \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*CRISPY FRIES/CUCUMBER WHEELS  
\*GOLDEN BANANA  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
PANCAKE POP-EMS** **15**

\*PERSONAL PIZZA  
\*YOGURT POWER PACK \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*CRUNCHERZI/BABY CARROTS  
\*APPLESAUCE  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
CINNI-MINI** **18**

\*CRISPY CHICKEN SANDWICH  
\*TURKEY/CHEESE BENTO BOX \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*TATER TOTS/CELERY STICKS  
\*TROPICAL PINEAPPLE  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
CHOCOLATE CHIP MUFFIN** **19**

\*PIZZA CRUNCHERS & MARINARA  
\*BERRY YOGURT PARFAIT \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*CORN/CHICKPEA CRUNCHERZI  
\*SWEET PEAR CUP  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
FRENCH TOAST STICKS** **20**

\*CHEESY MAC & CORN MUFFIN  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*MIXED VEGGIES/BABY CARROTS  
\*APPLESAUCE  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
EGGO WAFFLE** **21**

\*MINI TUKEY CORN DOGS  
\*TACO NACHO DUNKERS\*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*POTATO TRIANGLE/BROCCOLI  
\*TROPICAL FRUIT CUP  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
BREAKFAST RING** **22**

\*MAX PARTY PIZZA  
\*YOGURT POWER PACK \*PBJ  
\*KID SUPER CHEF SALAD BOWL  
\*GARDEN SALAD/BABY CARROTS  
\*CRUNCHY APPLE SLICES  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
BANANA BREAD** **25**

\*CHICKEN NUGGETS & SOFT PRETZEL  
\*TURKEY/CHEESE BENTO BOX \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*POTATO SMILES/BROCCOLI DIPPERS  
\*JUICY PEACHES  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
BLUEBERRY MUFFIN** **26**

\*FRENCH TOAST BITES & SAUSAGE LINKS  
\*PEACHY YOGURT PARFAIT \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*PARADISE PUNCH/BABY CARROTS  
\*MANDARIN ORANGES  
\*MILK CHOICE

**SUPER CEREAL CUP OR  
CINNAMON TOAST CRUNCH BAR** **27**

\*MAX CHEESE STIX & MARINARA  
\*PIZZA PARTY MUNCHABLE \*PBJ  
\*FARMER'S MARKET SALAD BOWL  
\*GOLDEN CORN/CUCUMBER ROUNDS  
\*MIXED FRUIT  
\*MILK CHOICE

**NO SCHOOL  
FOR STUDENTS  
TEACHER PROFESSIONAL  
DEVELOPMENT DAY** **28**

**NO SCHOOL  
TODAY** **29**

\*MENU SUBJECT TO CHANGE  
QUESTIONS ABOUT OUR MEAL PROGRAM?  
CONTACT Beth Hufnagel RD LDN FSD 570-323-3211 or  
[bhufnagel@loyalsocklancers.org](mailto:bhufnagel@loyalsocklancers.org)  
\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\*EVERY FRIDAY IS ICE CREAM FRI-YAY! \$1.00  
\*AVAILABLE DAILY FOR PURCHASE:  
8 OZ. BOTTLED WATER .75  
ASSORTED WHOLE GRAIN SNACKS \$1.00  
MOTTS 100% FRUIT JUICE BOX \$1.00

\*MARCH IS NATIONAL NUTRITION MONTH  
\*GO FOR THE GREENS!

