

MAY/JUNE 2024 MENU—SECONDARY CAMPUS

*FREE BREAKFAST & FREE LUNCH
FOR ALL STUDENTS



*MENU IS SUBJECT TO CHANGE

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

CONGRATULATIONS CLASS OF 2024!

WE ARE SO PROUD OF YOU!



BREAKFAST

CHOOSE 1 ENTRÉE:

MONDAY – FRESH BAKED DONUT HOLES

TUESDAY—BACON, EGG & CHEESE CROISSANT

WEDNESDAY—BREAKFAST PIZZA

THURSDAY—SAUSAGE , EGG & CHEESE BAGEL

FRIDAY—DUTCH WAFFLE

*Fruit Tarts, Donuts, Cereal, Breads, Muffins,
Buns, Bars & NEW YOGURT & CEREAL PARFAITS

CHOOSE 1 FRUIT AND/OR 1 JUICE:

100% FRUIT JUICE AND FRESH & DRIED FRUIT

CHOOSE 1 MILK:

LOW FAT WHITE OR LOW FAT CHOCOLATE MILK

*CHOOSE AT LEAST 3 FOOD ITEMS—OR UP TO 4 ITEMS
TOTAL –FOR A COMPLETE, FREE BREAKFAST MEAL

PIZZA PIZZA!!!



MON—QUESADILLA PIZZA

TUES—BIG D'S BOLD CHEESE & PEPPERONI PIZZA

WEDNESDAY—SOCK PIZZA

THURS—BIG D'S BUFFALO CHICKEN & 4 CHEESE

FRIDAY—PERSONAL PIZZA- CHEESE & PEPPERONI

LANCER FOOD COURT FAVS

WED, 5/1: WALKING TACO/REFRIED BEANS

THURSDAY, 5/2: POPCORN CHICKEN & ROLL/CRISPY FRIES

FRIDAY, 5/3: TOASTED CHEESE SANDWICH & TOMATO SOUP/CORN

MONDAY, 5/6: HAM & CHEESE CROISSANT MELT & FRITOS/BAKED BEANS

TUESDAY 5/7: CHICKEN NUGGETS/DIPPING SAUCE & ROLL/CURLY FRIES

WED, 5/8: PASTA/MEAT SAUCE & GARLIC BREAD/GREEN BEANS

THURSDAY, 5/9: CHICKEN WINGS & BREAD STICK/POTATO TRIANGLES

FRIDAY,5/10:GENERAL TSO'S CHICKEN & RICE & DUMPLINGS/MIXED VEGGIES

MON, 5/13: BOSCO STICKS & MARINARA SAUCE/BROCCOLI

TUES, 5/14: CHICKEN TENDERS/DIPPING SAUCE & MUFFIN TOP/CRISPY FRIES

WED, 5/15: ULTIMATE NACHOS/REFRIED BEANS

THURSDAY, 5/16: BUFFALO CHICKEN DIP & TORTILLA CHIPS/CORN

FRIDAY, 5/17: LOADED TOTCHOS & CINNAMON ROLL/TATER TOTS

MONDAY, 5/20: CHEESE STEAK SANDWICH/POTATO WEDGES

TUES, 5/21: CHICKEN NUGGETS/DIP SAUCE & ROLL/HONEY SWEET CARROTS

WED, 5/22: FRENCH TOAST STICKS & SAUSAGE/HASH BROWN POTATOES

THURS, 5/23: POPCORN CHICKEN BOWL & ROLL/CORN

FRIDAY, 5/24 & MONDAY, 5/27: NO SCHOOL TODAY

TUES, 5/28: CHICKEN ALFREDO WITH A TWIST & GARLIC BREAD/BROCCOLI

WED, 5/29: WALKING TACO/REFRIED BEANS

THURS, 5/30: BUFFALO CHICKEN FLATBREAD/CRISPY FRIES

FRIDAY, 5/31: MEATBALL MOZZARELLA GRINDER/CORN

MONDAY, 6/3: HAM & CHEESE CROISSANT MELT & FRITOS/BAKED BEANS

TUESDAY, 6/4: CHICKEN TENDERS/DIPPING SAUCE & ROLL/CURLY FRIES

WED, 6/5: BOSCO BREAD STICKS & MARINARA SAUCE/GREEN BEANS

THURSDAY, 6/6: BEEF BBQ SANDWICH/POTATO TRIANGLES

FRIDAY, 6/7: CHEESE STEAK FLAT BREAD & SUN CHIPS/BROCCOLI

MONDAY, 6/10, TUESDAY, 6/11 & THURS, 6/12: COOK'S CHOICE

HOW TO MAKE A COMPLETE MEAL:

Choose an Entrée. Complete your meal
with 2 veggies, 1 fruit-MS/2 Fruits-HS,
and milk

*Decline items you do not want, but you must
choose 3 items total , one of which must be a fruit,
juice or veggie

Available Daily at Lunch:

*Variety of Fresh Veggies & Salads

*Variety of Fresh Fruit, Canned, Dried &
Frozen Fruit &/or 100% Fruit Juice

*Low Fat White/Low Fat Chocolate Milk

*SMUCKERS PBJ *YOGURT PARFAIT

*SMOOTHIE POWER PACKS

*MADE TO ORDER DELI IS OPEN!

GRAB & GO DAILY SPECIALS

MONDAY: Turkey Hero/Chicken Ranch Wrap/
Chef Salad

TUESDAY: Ham & Cheese Hero/
Chicken Caesar Wrap/Chicken Taco Salad

WEDNESDAY: Italian Hero/Bufalo Chicken Wrap/
Market Salad with Grilled Chicken

THURSDAY: American Hero/
Turkey Hero Wrap/Chicken Caesar Salad

FRIDAY: Turkey Hero/
Ham & Cheese Wrap/Smoky BBQ Crispy Chicken
Salad

THE GRILL ZONE

MONDAY: CRISPY/SPICY CHICKEN SANDWICH

TUES: CHEESEBURGER/HAMBURGER/VEGGIE BURGER

WEDNESDAY: CRISPY/SPICY CHICKEN SANDWICH

THURS: CHEESEBURGER/HAMBURGER VEGGIE BURGER

FRIDAY: CRISPY/SPICY CHICKEN SANDWICH