

****updated as of 7/24/25**

A complete list of all providers in PA who are credentialed to serve Lycoming-Clinton members can be found on the Community Care website: <https://www.ccbh.com/ProviderDirectory/Home/ChooseLocation>

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LEVEL OF CARE	PROVIDER	Ages/Grades Served	Evidence-Based Certified Therapists (If seeking therapist with specific certification, ensure you ask availability)						ADMINISTRATOR/CONTACT INFORMATION	PHONE	Notes
			TF-CBT	DBT	BCBA	Art	Play	Other			
Family Based Mental Health Services (FBMH)	Diakon Behavioral Health Services	Ages 4-21	X					X	Michelle McElwee	570-327-4913	Other: Family Interactive Therapy Trained
**Diakon had a company name change									241 Broad St, Montoursville		
	Community Services Group, Inc.	Ages 4-21	X					X	Paula Yeckley extension 20061	570-323-6944	Eco-Systemic Structural Therapy Certified
									1000 Commerce Park Drive, Suite 110, Wmspt.		
Multi-Systemic Therapy (MST)	Hempfield Behavioral Health, INC.	Ages 12-17							Grace Diehl	717-804-4668	
									329 Market St Williamsport		
Parent/Child Interactive therapy (PCIT)	Community Services Group, Inc.	Ages 2-7						X	Ivy Eldred	570-323-6944	Other: Certified-PCIT
									1000 Commerce Park Drive, Suite 110, Wmspt		
Problem Sexual Behavior (SPIN) Family Base Mental Health Services	Diakon Behavioral Health Services	Ages 8-18							Michelle McElwee	570-327-4913	
									241 Broad Street Montoursville		
Mental Health Partial Hospitalization	Diversified Treatment Alternative Centers, LLC	Grades K-12	X					X	Devin Petrusky	570-320-0359	Other-Certified: PBIS, Family Interactive Therapy Trained
									184 East Village Drive, Williamsport	570-275-1380	
									600 Arch Street Sunbury	570-275-1380	
	BLaST IU 17	grades K-12						X	Megan Bowmaster	570-323-8561 ext. 4103	Other: Certified: Trauma and Resilience Specialist, Strength-Based Family Worker; Groups offered to clients as part of the programming
									2401 Reach Rd W4 Enterance Williamsport		
Mental Health Enhanced Partial Hospitalization	BLaST IU 17	grades K-3							Nicole Klees	570-323-8561 Ext 4098	Practical Functional Assessment/Skill Based Treatment, Serves individuals with a Mental Health Diagnosis AND an IDD or ASD diagnosis.
									136 Catawissa Ave Williamsport		
Coordinated Specialty Care: First Episode Psychosis (EPIC)	Community Services Group	Ages 16 and older							Ivy Eldred	570-323-6944	Program serves individuals with newly identified or diagnosed symptoms of
									1000 Commerce Park Drive, Suite 110, Wmspt.		
Mental Health Outpatient Clinics											
	Community Services Group, Inc.	All ages	X	X				X	Ivy Eldred	570-323-6944	Spanish speaking therapist on staff; Initial appointments are through Same Day Access services in order to decrease wait between referral and starting services. Scheduled initial appointments are available when needed/requested if there is a barrier to use of Same Day Access.
									1000 Commerce Park Drive, Suite 110, Wmspt.		
									7930 Nittany Valley Drive, Mill Hall	1-877-907-7970	
	Crossroads Counseling	All ages						X	William Knecht/Denise Feger	570-323-7535	Eating Disorder trained therapist on staff
									501 East 3rd Street, Williamsport		
									8 North Grove Street, Lock Haven	570-893-1886	

LEVEL OF CARE	PROVIDER	Ages/Grades Served	Evidence-Based Certified Therapists (If seeking therapist with specific certification, ensure you ask availability)						ADMINISTRATOR/CONTACT INFORMATION	PHONE	Notes
			TF-CBT	DBT	BCBA	Art	Play	Other			
	Diakon Behavioral Health Services	All ages	X			X		X	Ann Bruno 435 West 4th Street, Williamsport	570-322-7873	Offering group counseling Other: Family Interactive Therapy Trained
									241 Broad Street, Montoursville	570-433-7060	
Mental Health Outpatient Practitioners											
**New Contact and Trauma and Acceptance&Commitment Therapy trained	Allay Mental Health & Wellness	All ages	X					X	Beth Hogan-Nelson 811 Market Street, Wmsprt.	570-433-0249	Contact email: Beth@allaymentalhealth.com; Other: Trauma, A.C.T.
	Chances and Changes	All ages							Bobbi McClean, LCSW 207 North Vesper Street, Lock Haven	570-748-6475	
	Keystone Counseling and Evaluation Services	All ages	X					X	Sarah Santucci 120 South Highland Street, Lock Haven	570-748-7173	Other: Certified- Mindfulness, Play Therapy, Sandtray Play Therapy trained, Animal Assisted Interventions trained, LEGO-based play therapy techniques trained, Art Therapy trained, Child/Adolescent trauma professional, EMDR (adolescents only), Eating disorder certifications (adolescents only)
	A Place for Change	All ages							Jennifer Ransom, LPC/Melissa Fritts, LSW 216 Main Street, Mill Hall	570-295-6958	
	Susquehanna Physician Services	Ages 5 and older		X					Stacie Moore 1100 Grampian Blvd., Williamsport	570-320-7525	
	Therapeutic Behavioral Health Services	All ages							John Neil, PsyD/Blaire Neil 1521 Washington Blvd., Williamsport	570-322-5051	
**New Address	Gillum Psychological & Counseling Services	Ages 4 and older	X	X					Michael Gillum, MA 705 Washington Blvd Suite 100 Williamsport	570-321-6390	LCSW, LSW, Licensed Psychologist treating trauma, depression, anxiety, OCD, grief, bipolar, behavior management, other mental disorders or adjustment difficulties, learning disabilities
	Hugh S. Smith, Ph.D. and Associates, P.C.	All ages							Andrea Weller, PsyD 1536 Catherine Street, Williamsport	570-321-7860	
**Hughesville address change	Family Practice Center, PC	Ages 3 and older						X	Tonya Valentine, LPC 254 S. Main Street, Hughesville	570-584-5144	Other: EMDR Level 1&2 trained; Certified-Health Coach
2 additional therapists added in Hughesville									Timothy Bryant, LMFT	570-323-5991	
MUST be Family Practice patient for therapy									1205 River Ave 2nd fl, Williamsport		
	Manno Therapeutic Services	All ages							311 Frederick St., Lock Haven	814-205-4004	

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LEVEL OF CARE	PROVIDER	Ages/Grades Served	Evidence-Based Certified Therapists (If seeking therapist with specific certification, ensure you ask availability)						ADMINISTRATOR/CONTACT INFORMATION	PHONE	Notes
			TF-CBT	DBT	BCBA	Art	Play	Other			
***Clients MUST be a medical patient to receive mental health services at an Integrated Care Clinic.	Geisinger Clinic	All Ages									
	Outpatient Therapy								100 N Academy Ave Danville	570-271-6396	Therapy Services include individual, group and Intensive Outpatient.
	Behavioral Health Case Management								Chelsea Miller 255 US 220 Muncy	570-214-7824 814-880-6220	
	Psychiatrist Consultation and Medication Management								955 Bellefonte Avenue, Lock Haven 255 US220 Muncy 100 N Academy Ave Danville	570-271-6396 570-368-2820 570-271-6396	Telesychiatry appointments are available
Federally Qualified Health Center (FQHC)											
***Clients MUST be an engaged medical patient to receive mental health services at a Federally Qualified Health Center.	River Valley Health and Dental Center	All Ages							415 Hepburn St. Williamsport	570-567-5400	
	LCSW Behavioral Health Coordinator/Consultant										
	Telesychiatry Intake Assessments										Evaluation and management is provided pending individual is an engaged primary care patient
	Community Navigators-Social Services										
Psychiatrist Outpatient Services	Susquehanna Physician Services	Ages 5 and older							1100 Grampian Blvd., Williamsport	570-326-8920	
Psychological Evaluation	Linn Mental Health and Wellness	Ages 6 and older							Courtney Linn 705 Washington Blvd. Suite 100 Williamsport	570-506-4449	
Psychological Testing	Geisinger Clinic	All ages							100 N. Academy Ave. Danville	570-271-6211	
	Hugh S. Smith, PhD. and Associates, P.C.	All ages							1536 Catherine Street, Williamsport	570-321-7860	
	Gillum Psychological & Counseling Services	All ages							Michael Gillum, MA 705 Washington Blvd Suite 100 Williamsport	570-321-6390	LCSW, LSW, Licensed Psychologist treating trauma, depression, anxiety, OCD, grief, bipolar, behavior management, other mental disorders or adjustment difficulties; learning disabilities
	Susquehanna Physicians Services	All ages							Sayed Alamay, M.D. 1100 Grampian Blvd., Williamsport	570-326-8920	
Neuropsychological Testing	Hugh S. Smith, PhD. and Associates. P. C.	Ages 2 and older							Hugh Smith, PhD 1536 Catherine Street, Williamsport	570-321-7860	
Community Rehabilitation Resource Host Home (CRR-HH)											
	Diversified Treatment Alternatives, LLC	All ages							Alvin Weaver	570-523-3457	

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			TF-CBT	DBT	BCBA	Art	Play	Other				
	PA Mentor	All ages								Lindsey Miller	570-523-0107	
										4332 West Branch Highway, Lewisburg		
Crisis Intervention Services	Center for Community Resources	All ages								Crisis Intervention - MH	570-692-2788	Text #63288; Chat ccrinfo.org
										Morgan Granlund		
										800 W. 4th St Suite 104 Williamsport PA		
										8 North Grove Street, Lock Haven		
Targeted Case Management (TCM)	Center for Community Resources	All ages								Brian Krah	570-220-8396	
										800 W. 4th St Suite 104 Williamsport PA		
	Hope Enterprises	All ages								Rob Labatch	570-362-3745 option 1	
										2401 Reach Road Williamsport		
	Service Access & Management, Inc.	Ages 5 and older								Kelsey Dewitt	570-560-2892	Documentation of Mental Health Diagnosis and Active MA needed for services
										1948 East 3rd Street, Suite D, Williamsport		
Certified Peer Support Services	Skills of Central PA, INC	Ages 14 and older								Jillian Park	272-202-4912	
										440 Little League Boulevard, Williamsport, PA		
	Diakon Behavioral Health Services	Ages 14 and older							X	Laurel Spencer	570-322-7873	
										435 West 4th Street, Williamsport		
Behavioral Health Case Management	Geisinger	All ages								Amie Hoffman	570-214-7824	
										Chelsea Miller	814-880-6220	
										255 US220 Muncy		
School Based Mental Health Services:												
School Based Intensive Outpatient	Crossroads Counseling	School age								Denise Feger	570-323-7535	Services are only available to those students attending Central Mountain Middle School
										200 Ben Ave, Mill Hall	570-726-3141	
Community and School Based Behavioral Health (CSBBH)	Merakey (Keystone Central School District)	School age-21								Sarah Frey	570-320-2816	
	Renovo Elementary									1301 Bucktail Ave, Renovo	570-923-2100	
	Bucktail Middle/High School									1301 Bucktail Ave, Renovo	570-923-1166	
	Robb Elementary School									400 East Church Street, Lock Haven	570-748-3501	
	Friendship House (Wmspt Area School District)	School age-21								Stephanie Lovell	267-319-7032	
	Cochran Primary									1500 Cherry Street Williamsport		
	Curtin Intermediate									85 Eldred Street Williamsport		
	Hepburn Lycoming									355 PA-973 Cogan Station		
	Jackson Primary									2500 Newberry Street Williamsport		
	Lycoming Valley Intermediate									1825 Hays Lane Williamsport		
School Based Outpatient/Intensive Outpatient	Community Services Group, Inc.	Grades K-12	X						X	Ivy Eldred	570-323-6944	CBIT Trained; Eco-Systemic Structural Family Therapy Certified
	Avis Elementary School									1088 3rd St, Jersey Shore	570-753-5220	
	Jersey Shore Area Elementary School									601 Locust St, Jersey Shore	570-398-7120	
	Jersey Shore Area High School									701 Cemetery St, Jersey Shore	570-398-7170	
	Jersey Shore Area Middle School									601 Thompson St, Jersey Shore	570-398-7400	
	Montgomery Area Schools									120 Penn St, Montgomery	570-547-1608	

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			TF-CBT	DBT	BCBA	Art	Play	Other				
	Salladasburg Elementary School									3490 PA-287, Jersey Shore	570-398-2931	
	Crossroads Counseling	Grades K-12							X	William Knecht/Denise Feger	570-323-7535	CBIT Trained
	Bucktail High School									1300 Bucktail Ave, Renovo	570-923-1166	
	Central Elementary School									555 W Mountain Ave, South Williamsport	570-323-3694	
	Central Mountain High School									4 Keystone Central Dr, Mill Hall	570-893-4646	
	Central Mountain Middle School									200 Ben Ave, Mill Hall	570-726-3141	
	Liberty Curtain Elementary									11125 N Eagle Valley Rd, Blanchard	570-962-2225	
	Mill Hall Elementary									206 Kyler Ave, Mill Hall	570-726-3105	
	Renovo Elementary									1301 Bucktail Ave, Renovo	570-923-2100	
	Robb Elementary									400 E Church St, Lock Haven	570-748-3501	
	Rommelt Elementary School									515 W Central Ave, South Williamsport	570-320-4470	
	South Williamsport Area Jr/Sr. High School									700 Percy Street, South Williamsport	570-326-2684	
	Sugar Valley Rural Charter School									236 E Main St, Loganton	570-725-7822	
	Woodward Elementary									35 King St, Lock Haven	570-748-4025	
	Diakon Behavioral Health Services	Grades K-12	X						X	Laurel Spencer	570-322-7873	CBIT Trained
	Cochran Elementary School									1500 Cherry St, Williamsport	570-322-9731	
	Curtin Intermediate School									85 Eldred St, Williamsport	570-323-4785	
	C.E. McCall Middle School									600 Willow St, Montoursville	570-368-2441	
	Ferrell Elementary School									34 Court St, Picture Rocks	570-584-3341	
	Hepburn-Lycoming Elementary School									355 PA-973, Cogan Station	570-494-1112	
	Jackson Elementary School									2500 Newberry St, Williamsport	570-323-1992	
	Lyter Elementary School									900 Spruce St, Montoursville	570-368-2614	
	Hughesville High School									349 Cemetery St, Hughesville	570-584-5111	
	Loyalsock High School									1801 Loyalsock Dr, Williamsport	570-326-3581	
	Loyalsock Middle School									2101 Loyalsock Drive, Williamsport	570-323-9439	
	Loyalsock Valley Elementary School									3790 State Rt, Montoursville	570-435-0446	
	Lycoming Valley Middle School									1825 Hays Ln, Williamsport	570-601-3900	
	Montoursville Area High School									700 Mulberry Street, Montoursville	570-368-2611	
	Muncy Junior/Senior High School									200 W Penn St, Muncy	570-546-3125	
	Renn Elementary School									183 School Lane, Lairdsville	570-584-3070	
	Schick Elementary School									2800 Four Mile Drive, Montoursville	570-326-3554	
	Ward L. Myers Elementary School									25 New St, Muncy	570-546-3129	
	Williamsport Area High School									2990 W 4th St, Williamsport	570-323-8411	
	Williamsport Area Middle School									2800 W 4th St, Williamsport	570-323-6177	
Substance Use Services:												
Assessment & Case Management	West Branch Drug & Alcohol	All ages								Shea Madden	570-323-8543	
Drug & Alcohol 24 Hour Emergency Line		All ages								24 Hour Emergency Line - D&A	1-888-941-2721	
										213 West 4th Street, Williamsport		
										124 1/2 East Main Street, Lock Haven		
Outpatient D&A Clinic	Crossroads Counseling	14 and older							X	William Knecht	570-323-7535	Eating Disorder trained therapist on staff
										501 East 3rd Street, Williamsport		
										8 North Grove Street, Lock Haven	570-893-1886	
	Genesis House	14 and older								Rachel Hahn and Mark Collister	570-322-0520	
										800 West 4th Street, Suit G-01, Wmspt.		
	Diakon Behavioral Health Services	14 and older								Michelle Barrows	570-433-7060	
										241 Broad Street, Montoursville		
Tobacco Cessation	Crossroads Counseling, Inc.	School Age								William Knecht/Denise Feger	570-323-7535	
										501 East 3rd Street, Williamsport		
										8 North Grove Street, Lock Haven	570-893-1886	

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			TF-CBT	DBT	BCBA	Art	Play	Other				
	Williamsport Family Medical Center, LLC	School Age								Nicole Stopper/Ryan Collins 422 Park Ave Williamsport	570-505-1227	
	West Branch Drug & Alcohol	School Age								Shea Madden 213 West 4th Street, Williamsport 124 1/2 East Main Street, Lock Haven	570-323-8543	
	Skills of Central PA, INC	School Age								Jillian Park 440 Little League Boulevard, Williamsport, PA	272-202-4912	
	Service Access & Management, Inc.	School Age								Kelsey Dewitt 1948 East 3rd Street, Suite D, Williamsport	570-560-2892	
	Community Services Group, Inc.	School Age								Ivy Eldred 1000 Commerce Park Drive, Suite 110, Wmspt. 7930 Nittany Valley Drive, Mill Hall	570-323-6944 1-877-907-7970	
	Lycoming-Clinton County Joinder	School Age							X	Shelly Hittle/Marci Griswold 33 W. 3rd St, 4th Floor, Williamsport 8 North Grove Street, Lock Haven	570-323-3467 570-748-2262	
Community Based Drug and Alcohol (CBDA)	Crossroads Counseling	Ages 10-18							X	William Knecht/Denise Feger 501 East 3rd Street, Williamsport 8 North Grove Street, Lock Haven	570-323-7535 570-893-1886	Eating Disorder trained therapist on staff
School Based D&A Counseling	Crossroads Counseling	School Age								William Knecht/Denise Feger East Lycoming School District Jersey Shore School District Keystone Central School District Loyalsock School District Montgomery School District Montoursville School District Muncy School District South Williamsport School District Williamsport School District	570-323-7535	All referrals will be discussed through the school district's SAP process. West Branch Drug and Alcohol Commission will conduct the evaluation, if criteria is met for outpatient D&A counseling, the child will be seen by Crossroads through the School Based D&A Counseling program.
Other (Non HealthChoices) Services:												
STUDENT ASSISTANCE PROGRAM (SAP): LY CYS and LY-CI MH	Lycoming-Clinton County Joinder	All ages								Mark Longenberger/Glenn Griswold	570-326-7895	
STUDENT ASSISTANCE PROGRAM (SAP): Lyc-Clinton D&A	West Branch Drug & Alcohol	All ages								Shea Madden	570-323-8543	
School Outreach Worker												
	East Lycoming School Districts: all school buildings									Denise Gorini	570-419-7329	
	East Lycoming School Districts: all school buildings									Lauren McBryan	570-419-6914	
	Jersey Shore Area School District: all school buildings									Margie Sauers	570-419-7321	
	Keystone Central School District: Elementary Schools									Ashleigh Keller	570-980-4093	
	Keystone Central School District: Central Mountain Middle and High Schools and Bucktail High School									Brandy Griffiths	570-337-1161	

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			TF-CBT	DBT	BCBA	Art	Play	Other			
	Loyalsock Township School District: all buildings								Annie Fessler	570-560-3641	
	Loyalsock Township School District: all buildings								Tim Smith	570-419-7304	
	Montoursville School District and Montgomery School District: all school buildings								Latricia Scutching	570-419-7821	
	Muncy School District: all school buildings								Dustin Gehr	570-419-7310	
	South Williamsport Area School District: all school buildings								Sharon Tallent	570-980-4955	
	Williamsport School District (Lycoming Valley, Hepburn Lycoming, Stevens, Cochran, Jackson and Curtin Schools): grades K-4th								April Taylor	570-419-7318	
	Williamsport School District: grades 5th-8th								Sharon Nevill	570-494-8870	
	Williamsport High School: grades 9-12								Chad Mix	570-447-3608	
DRUG & ALCOHOL (D&A) PREVENTION/INTERVENTION SERVICES:	West Branch Drug & Alcohol	All ages							Shea Madden	570-323-8543	
	Drug & Alcohol 24 Hour Emergency Line								24 Hour Emergency Line - D&A	1-888-941-2721	
	"Too Good for Drugs" Curriculum for Schools										
	Community & Classroom Presentations										
	Worksite Technical Assistance regarding Alcohol, Tobacco and Other Drugs (ATOD)										
	Resources available (Videos, Brochures, Visual Displays)										
	Wellness/Health fairs with Worksite Technical Assistance										
	Strengthening Families	10-14 with Parent(s)									
CASSP COORDINATION	Lycoming-Clinton County Joinder/HealthChoices	Ages 0-21							Kelly Gordon	570-326-7895	

Diakon School Based Outpatient Services:

School Name:
Cochran Elementary School
Curtin Intermediate School
C.E. McCall Middle School
Ferrell Elementary School
Hepburn-Lycoming Elementary School
Jackson Elementary School
Lyter Elementary School
Hughesville High School
Loyalsock High School
Loyalsock Middle School
Loyalsock Valley Elementary School
Lycoming Valley Middle School
Montoursville Area High School
Muncy Junior/Senior High School
Renn Elementary School
Ward L. Myers Elementary School
Schick Elementary School
Williamsport Area High School
Williamsport Area Middle School

Crossroads Counseling School Based Outpatient Services:

School Name:
Bucktail High School
Central Elementary School
Central Mountain High School
Central Mountain Middle School
Liberty Curtain Elementary
Mill Hall Elementary
Renovo Elementary
Robb Elementary
Rommelt Elementary School
South Williamsport Area Jr/Sr. High School
Sugar Valley Rural Charter School
Woodward Elementary

Crossroads Counseling School Based Substance Used Disorder
Outpatient Services:

School District:
East Lycoming School District
Jersey Shore School District
Keystone Central School District
Loyalsock School District
Montgomery School District
Montoursville School District
Muncy School District
South Williamsport School District
Williamsport School District

Community Services Group School Based Outpatient Services:

School Name:
Avis Elementary School
Jersey Shore Area Elementary School
Jersey Shore Area High School
Jersey Shore Area Middle School
Montgomery Area Schools
Salladasburg Elementary School

<u>CONTINUUM OF CARE - DEFINITIONS</u>	
ABUSE RESOLUTION & RECOVERY TREATMENT SERVICES (ARRTS) SERVES AGES 5-17	
ARRTS is a community-based program for children and adolescents who require intense therapy to address traumatic experiences.	
APPLIED BEHAVIOR ANALYSIS (ABA)	
Children, whom have an diagnosis on the autism spectrum, will receive Applied Behavior Analysis therapy within a full day, center based program. Applied Behavioral Analysis therapy is an evidence based treatment that teaches a child to improve their communication and behavior skills by using techniques such as positive reinforcement, modeling, and discrete trial training.	
Certified Peer Support Specialist (CPS)	
A person who uses his or her lived experience of recovery from mental illness plus skills learned in formal training, to provide support in behavioral health settings and the community to help individuals in achieving personal goals for recovery.	
CHILD AND ADOLESCENT SOCIAL SERVICES PROGRAM (CASSP)	
A community resource to help structure multi-systemic teams, connect families to resources, and assist families with communication or treatment plan breakdowns. CASSP is a county program designed to advocate for family or child needs.	
COMMUNITY BASED DRUG AND ALCOHOL TREATMENT (CBDA)	
Community based drug and alcohol counseling service for adolescents ages 10-18 with a person centered, family focused approach. Services can take place in the adolescents home, community and school.	
COMMUNITY RESIDENTIAL REHABILITATION (CRR) HOST HOME	
Family homes that provide 24 hour living arrangements and mental health treatment for youth whose emotional or behavioral needs cannot be treated effectively in their own home, but can still benefit from treatment in a home-like setting within their community.	
COMMUNITY AND SCHOOL BASED BEHAVIORAL HEALTH (CSBBH)	
The CSBBH Team Program is a voluntary service available to schools and/or school districts as an alternative to existing school-based services, typically IBHS. CSBBH Team services are more flexible than IBHS given the fact that services are provided to the identified child only during specific times of clinical need. CSBBH Team Services may include, but are not to be limited to, individual, family and/or group therapies provided to the child and/or family/caregivers; behavior management; case management; assessment; crisis intervention; family support; service referral and linkage. The CSBBH teams utilize evidence based modalities throughout service delivery based upon the child's individual needs.	
CO-OCCURRING OUTPATIENT SERVICES	
An integrated service approach for clients diagnosed with both mental health and substance use disorders.	
CRISIS SERVICES (MOBILE, TELEPHONE, AND WALK-IN)	
Crisis services include 24 hour, seven days a week, toll-free telephone hotline services, mobile crisis services, and walk-in crisis services. A mental health crisis is an intensive behavioral, emotional, substance use, or psychiatric situation, which, if left untreated, could result in an emergency situation requiring placement in a more restrictive setting.	
Coordinated Specialty Care: First Episode Psychosis (EPIC)	
A collaborative, team based approach to assisting individuals with early symptoms of psychosis through the use of therapy, medication management, case management, peer support, supported employment, and family support and education.	
DIALECTICAL BEHAVIOR THERAPY (DBT) SERVES AGES 12 AND OLDER	
An evidence based cognitive behavioral treatment developed by Marsha Linehan, PhD, ABPP. It emphasizes individual psychotherapy and group skills training classes to help people learn and use new skills and strategies to develop a life that they experience as worth living. Cognitive behavioral therapy tries to identify and change negative thinking patterns and pushes for positive behavioral changes. DBT may be used to treat suicidal and other self-destructive behaviors. DBT was developed to help people cope with extreme or unstable emotions and harmful behaviors. Its main goals are to teach people how to live in the moment, cope healthily with stress, regulate emotions, and improve relationships with others.	
FAMILY-BASED MENTAL HEALTH SERVICES (FBMHS) SERVES AGES 4-21	
An evidence based, Team-delivered, and intensive in-home services. These services combine mental health treatment, family support services, and case management so that you may continue to care for your child with a serious mental illness or emotional disturbance at home. Includes 24/7 crisis support.	
Federally Qualified Health Center	
An outpatient clinic serving medically underserved areas and populations. Individuals MUST be a medical patient at the location to receive the subsequent services including mental health services.	
Integrated Care Clinic	
An integrated Care model blending traditional medical services with mental health services. The individual MUST be an active patient with medical care at the facility to engage in the available mental health services.	
INTENSIVE BEHAVIORAL HEALTH SERVICES (IBHS) SERVES AGE UP TO 21	
IBHS support children, youth, and young adults with mental, emotional, and behavioral health needs in their homes, schools, and communities. Services include Behavior Consultation services, Mobile Therapy services and Behavior Health Technician services. Behavior Consultation Services include assessment of a youth's needs and development of an Individualize Treatment Plan that includes the interventions that will be used to meet the identified needs. Mobile Therapy services are used to provide therapy to a child, youth, or young adult and family members, to work on identified goals. Behavior Health Technicians carry out the interventions included in a youth's treatment plan, and collect data on behaviors that are addressed in the treatment plan.	
INPATIENT	
Short-term and individualized clinical intervention for mental health or substance use diagnoses, or both, provided in a licensed hospital setting.	
MEDICATION MANAGEMENT	
A psychiatric service where a psychiatrist monitors medication use and can prescribe psychiatric medications when needed.	
MULTISYSTEMIC THERAPY (MST) SERVES AGES 12-17	
An evidence based, intensive family- and community-based treatment program designed to make positive changes in the various social systems (home, school, community, peer relations) that contribute to the serious antisocial behaviors of children and adolescents who are at risk for out-of-home placement. It is also treatment for serious juvenile offenders with possible substance abuse issues and their families. The primary goals of MST are to decrease youth criminal behavior and out-of-home placements.	
NEUROPSYCHOLOGICAL TESTING	
Neuropsychological testing is an important component of the assessment and treatment of traumatic brain injury, dementia , neurological conditions, and psychiatric disorders. Neuropsychological testing is also an important tool for examining the effects of toxic substances and medical conditions on brain functioning.	
OUTPATIENT COUNSELING SERVICES	
Treatment/therapy for mental health and substance use disorders provided in an outpatient setting.	

PARENT-CHILD INTERACTION THERAPY (PCIT) SERVES AGES 2-7
An evidence based, dyadic behavioral intervention for children (ages 2.0 – 7.0 years) and their parents or caregivers that focuses on decreasing externalizing child behavior problems (e.g., defiance, aggression), increasing child social skills and cooperation, and improving the parent-child attachment relationship. It teaches parents traditional play-therapy skills to use as social reinforcers of positive child behavior and traditional behavior management skills to decrease negative child behavior. Parents are taught and practice these skills with their child in a playroom while coached by a therapist. The coaching provides parents with immediate feedback on their use of the new parenting skills, which enables them to apply the skills correctly and master them rapidly. <i>PCIT</i> is time-unlimited; families remain in treatment until parents have demonstrated mastery of the treatment skills and rate their child’s behavior as within normal limits on a standardized measure of child behavior. Therefore treatment length varies but averages about 14 weeks, with hour-long weekly sessions.
PARTIAL HOSPITALIZATION PROGRAM (PHP) SERVES SCHOOL AGE UP TO 21
Daytime program that provides individual and group counseling utilizing evidence based treatment models as well as medication monitoring or management. The program is provided on a regularly scheduled basis for a minimum of three hours, but less than 24 hours in any one day.
PENNSYLVANIA'S STUDENT ASSISTANCE PROGRAM (SAP)
Pennsylvania's Student Assistance Program (SAP) is designed to assist school personnel in identifying issues including alcohol, tobacco, other drugs and mental health issues which pose a barrier to a student's success.
PYSCHIATRIC OUTPATIENT SERVICES
A service which provides client’s with a psychiatric evaluation by a licensed psychiatrist to identify mental health diagnoses.
PSYCHOLOGICAL TESTING
Psychologists use tests and other assessment tools to measure and observe a client’s behavior to arrive at a diagnosis and guide treatment.
RESIDENTIAL TREATMENT FACILITY (RTF)
A temporary residence for youth with severe emotional and/or behavioral disorders that cannot be managed in the community. Doctors, therapists, social workers and childcare workers provide care and treatment; families are expected to be involved.
SCHOOL BASED OUTPATIENT PROGRAM (SBOP)
This program provides children in grades K-12 with counseling services within the school setting.
SCHOOL BASED DRUG AND ALCOHOL OUTPATIENT PROGRAM (SUD-SBOP)
This program provides school aged children with outpatient counseling services to address drug and alcohol use within the school setting.
SCHOOL BASED INTENSIVE OUTPATIENT PROGRAM (IOP)
This program is available for child and adolescent members ages 5-18 who are students in Keystone Central School District, and require more intensive treatment than can be provided in a traditional outpatient setting. Utilizing a trauma-focused approach, the program aims to prevent admission to more restrictive levels of care (MHIP, RTF, etc.), and to provide a step-down level of care for adolescents and children that are returning to school from out of home placements, PHP, and MHIP.
PROBLEM SEXUAL BEHAVIOR (SPIN) FAMILY BASE MENTAL HEALTH SERVES AGES 8-18
An intensive, family-based mental health program that provides individual counseling, individual therapy, family therapy, case management, and group therapy to youths between 8 and 18 (with occasional age exceptions made on an individual basis) who have sexual-behavior issues that meet “medical-necessity” criteria for this services. SPIN’s mission is to reduce sexual victimization by providing treatment services to youths who sexually act out or offended—and by providing education and treatment services to family members of youths who sexually act out or offended, so that the youths have support to maintain low-risk behaviors.
SUBSTANCE USE DISORDER ASSESSMENT AND CASE MANAGEMENT
A substance use disorder assessment is service provided to individuals with a substance use disorder to identify the appropriate level of care. Case management services provide clients with a linkage to information or resources needed outside of treatment (i.e.. housing, education, supports, etc.).
TARGETED CASE MANAGEMENT SERVICES SERVES AGES 5 AND OLDER
Case Managers provide assistance in obtaining and coordinating resources, services, and supports.
Tobacco Cessation
Outpatient counseling services aimed to help prevent and reduce tobacco use.
Intensive Case Management (ICM)
Most intensive level of case management. The ICM has contact with you and your child at least once every 2 weeks.
Resource Coordination (RC):
Less intensive and has contact with you and your child at least 1 time per month.
Blended Case Management / Targeted Case Management (BCM/TCM)
More flexible and the intensity depends on your child’s changing needs. The BCM has contact with you at least 1 time per month.
<i>*This continuum is not representative of all available mental health and drug and alcohol services. Please contact the local Mental Health/Intellectual Disabilities/Early Intervention and Drug and Alcohol organization in your county of residence for information on additional supports and resources.</i>

Child/Adolescent Levels of Care from Most to Least Restrictive

Inpatient Hospitalization

Residential Treatment Facility

Community Residential Rehabilitation (CRR) Host Home

Child/Adolescent Partial Hospitalization Program (PHP)

Family Based Mental Health Services (FBMH)

Multisystemic Therapy (MST)

Intensive Behavioral Health Services (IBHS)

Community and School Based Behavioral Health (CSBBH)

Outpatient Mental Health

School Based Outpatient Services

Targeted Case Management (TCM)

Intensive Case Management/Resource Coordination (ICM/RC)

Crisis Services

HealthChoices and Community Care contract with numerous qualified mental health and drug and alcohol treatment providers in Lycoming and Clinton counties, and there are several ways to access help and support:



If you have problems getting the services you need, contact Community Care Customer Services at 1-855-520-9787. Member Services staff is available 24 hours a day, 7 days a week, every day of the year.

Food Bank Dates 2025



John Yost Community Center

180 Bennage Ave.

(across the street from the housing office)

Lock Haven 12:00 to 2:00 pm

3rd Monday of every month (unless noted)

January 27 – (4th Monday)

February 24 – (4th Monday)

March 17

April 14

May 19

June 16

July 21

August 18

September 15

October 20

November 17

December 15





Bailey Shawley, M.Ed.

B Connecting, LLC



Consulting Services

- Individual Consultations for parents/guardians, caregivers, children, and adolescents - Set and work toward your personal and/or professional goals
- Parenting/Family Consultations - Identify challenges (behavioral, social, emotional, academic, communication, self-esteem, etc.), set goals, and work toward them as a team with education, strategies, and support
- Educational Consultations for educators - Set and work toward your personal and/or professional goals
 - *Initial consultations are free to ensure we are a good fit for one another*
 - *All consultations are confidential and are available in person or online*

Credentials/Experience

- Master of Education in Educational Development & Strategies
 - 20+ years working with students, parents, educators, and agencies
 - 12+ years as a secondary English teacher, teacher mentor, and Instructional Coach in two school districts
 - 5+ years of writing articles about parenting, education, and mental health
 - 6+ years as a school-based mental health counselor
 - 4+ years as the Director of School-Based Services for a local counseling agency, serving students across three counties
- Certified in trauma-informed practices
- Fully insured
- Mandated Reporter with all clearances

1-814-503-0892 • <https://bconnectingllc.clientsecure.me>

**NOT MA BILLABLE

FREE Period supplies (tampons, pads, cups) **FREE pregnancy tests**

Available for pickup

Monday - Friday

9:00 - 5:00

at

500 W 3rd St,
Williamsport

or

129 S Sparks St #1,
State College



aidsresource.com
arhealthservices.org

Heal the Healer Support Group

Do you work in mental or behavioral health?
Are you feeling burnt out?
Need to talk about it?



JOIN YOUR PEERS!

Those who work in the helping profession are often blocked from joining other peer support groups due to conflicts of interest.

Join a peer-led group of people who understand the challenges of working in the field.



North
Central
Pennsylvania

JOIN US NOW!



Dining Room B
UPMC Williamsport Divine Providence
1100 Grampian Boulevard



1st Thursdays of the Month
6:30 PM - 8:00 PM
starting March 6th, 2025



National Alliance on Mental Illness

nami

North Central
Pennsylvania



Family, friends, and loved ones
unite to share hope and healing

SURVIVORS OF SUICIDE LOSS SUPPORT GROUP



facilitated by mental health
professionals and survivors



The location is wheelchair-accessible.

every first
WEDNESDAY

6:00-7:00 PM

Meetings take place at
Divine Providence Hospital
Board Room, first floor

UPMC

1100 Grampian BLVD
Williamsport PA



namincpa.org





GAME TOGETHER

THRIVE TOGETHER

LEVEL_UP_YOUTH!

Join us for an epic experience!
Connect with Youth MOVE PA staff and
fellow gamers while enjoying some fun
games. It's a great opportunity to
receive and offer support to others in
a thriving community!

Fridays 7:00-8:30 pm



https://www.twitch.tv/level_up_youth

**Youth
MOVE
PA!**

August Group Calendar

Women's Support Group



August
6

Attachment Styles in Adult Relationships

1pm - 2:30pm

Codependency vs. Interdependence

1pm - 2:30pm

August
20



Sophie Hayes

Hayess@diakon.org

570.322.7873

PARENTING SUPPORT GROUP FOR **NEURODIVERSE FAMILIES**

LED BY TRAUMA THERAPISTS & CLINICAL INTERNS

FREE
VIRTUAL



WEDNESDAYS 9:30AM-11:00AM

STARTING SEPT. 10, 2025

WWW.PHOENIXTRAUMACENTER.COM





YOUNG ADULT SUPPORT GROUP

A Virtual Peer Support Group for Youth & Young Adults

Every Thursday @ 4pm

Connect with other youth & young adults in a safe, supportive virtual environment, and create a community that is free of stigma, with a focus on wellness and recovery.



Get the Link



Thrive 4 Hope

Peer Support

Hopeful

Peer supporters demonstrate that recovery is real, they are the evidence. By authentically living in recovery, peer supporters inspire real hope is possible for others. Hope is the catalyst of recovery for many people.

Empathetic

Peer supporters do not assume they know exactly what the other person is feeling even if they have experienced similar challenges. They ask thoughtful questions and listen with sensitivity to be able to respond emotionally or spiritually to what the other person is feeling.

Voluntary

Recovery is a personal choice. The most basic value of peer support is that people freely choose to give or receive support. Being coerced, forced or pressured is against the nature of genuine peer support.

Respectful

Each person is valued and seen as having something important and unique to contribute to the world. Peer supporters treat people with kindness, warmth, and dignity.



2551 Walnut St. Harrisburg

<https://youthmovepa.wildapricot.org>

ympe@youthmovepa.org