

THE LANCER FOOD COURT

DECEMBER 2025

**FREE BREAKFAST & FREE
LUNCH FOR STUDENTS!**



*MENU IS SUBJECT TO CHANGE

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

BREAKFAST

CHOOSE 1 ENTRÉE:

MONDAY – FRENCH TOAST BITES

TUESDAY—BACON/EGG/CHEESE CROISSANT

WEDNESDAY—BREAKFAST CHICKEN BISCUITWICH

THURSDAY— SAUSAGE, EGG & CHEESE SOCK MUFFIN

FRIDAY—WAFFLES OR PANCAKES

*Fruit Tarts, Donuts, Cereal, Breads & Muffins,

Buns & Breakfast Bars

CHOOSE 1 FRUIT AND/OR JUICE:

VARIETY OF JUICE & FRUIT

CHOOSE 1 MILK:

LOW FAT WHITE OR FAT FREE CHOCOLATE MILK

*CHOOSE AT LEAST 3 FOOD ITEMS—OR UP TO 4 ITEMS
TOTAL —FOR A COMPLETE, FREE MEAL

PIZZA PIZZA!!!

MONDAY: FRENCH BREAD PIZZA

TUESDAY: BIG D'S BOLD CHEESE & PEPPERONI

WED: SOCK PIZZA

THURS: BIG D'S BUFFALO CHICKEN &

ROLLED EDGE CHEESE PIZZA

FRIDAY: PERSONAL PIZZA - CHEESE &

PEPPERONI

LANCER CAFÉ FAVS

Mon, 12/1: NO SCHOOL TODAY

Tues, 12/2: CHICKEN TENDERS & ROLL/POTATO SMILES

Wed, 12/3: PENNE WITH MEAT SAUCE & GARLIC BREAD/GREEN BEANS

Thurs, 12/4: CHICKEN MASALA WITH RICE & NAAN BREAD/MIDDLE EASTERN
ROASTED CAULIFLOWER

Friday, 12/5: BUFFALO CHICKEN DIP & TORTILLA CHIPS/SAVORY CARROTS

Mon, 12/8: BOSCO STICKS & MARINARA SAUCE/BROCCOLI

Tues, 12/9: CHICKEN SMACKERS & ROLL/CRISPY FRIES

Wed, 12/10: ULTIMATE NACHOS/REFRIED BEANS

Thurs, 12/11: CHICKEN CHEESESTEAK/GOLDEN CORN

Fri, 12/12: BEEF BBQ SANDWICH/TATER TOTS

Mon, 12/15: KICKIN' CHICKEN CHEESY MAC/HONEY SWEET CARROTS

Tues, 12/16: CHICKEN NUGGETS & ROLL/CRISPY FRIES

Wed, 12/17: WALKING TACO/REFRIED BEANS

Thurs, 12/18: ROAST TURKEY & GRAVY WITH STUFFING & ROLL/
MASHED POTATOES/CORN/ICE CREAM TREAT!

Friday, 12/19: TOASTY CHEESE SANDWICH & TOMATO SOUP/SWEET PEAS

Mon, 12/22: POPCORN CHICKEN & BREAD STICK/POTATO TRIANGLES

Tues, 12/23: EARLY DISMISSAL— PIZZA CRUNCHERS & MARINARA/BROCCOLI

NO SCHOOL WEDNESDAY, 12/24/25 THROUGH FRIDAY, 1/2/26

SEE YOU BACK AT SCHOOL ON MONDAY, JANUARY 5, 2026



HOW TO MAKE A COMPLETE LUNCH:

Choose an Entrée. Complete your meal w/
2 veggies, 1 fruit-MS/2 Fruits-HS & milk

*Decline items you do not want. Choose 3 items total ,
one of which must be a fruit, juice or veggie

Available Daily at Lunch:

*Variety of Fresh Veggies & Salads

*Variety of Fresh Fruit, Canned, Dried &
Frozen Fruit &/or 100% Fruit Juice

*Low Fat White/Fat Free Chocolate Milk

*SMUCKERS PBJ *YOGURT PARFAIT

*CHEESE & CRACKER SNACKER

EAT REAL



GRAB & GO DAILY SPECIALS

**MONDAY: Turkey Hero/Chicken Ranch
Wrap/Classic Chef Salad**

**TUES: Boom Chicken Sub/Turkey Club Wrap/
Southwest Chicken Salad**

**WED: Turkey Hero/Buffalo Chicken Wrap/
Bistro Chicken Salad**

**THURSDAY: American Sub/BBQ Chicken &
Cheddar Wrap/Chicken Caesar Salad**

**FRIDAY: Turkey Hero/Sweet Chili Chicken
Wrap/Crispy Chicken Market Salad**

Vegetarian Salads & Subs available daily

THE GRILL ZONE

MONDAY: CRISPY/SPICY CHICKEN SANDWICH

TUES: CHEESEBURGER/HAMBURGER/VEGGIE BURGER

WEDNESDAY: CRISPY/SPICY CHICKEN SANDWICH

THURS: CHEESEBURGER/HAMBURGER/VEG BURGER

FRIDAY: CRISPY/SPICY CHICKEN SANDWICH