

THE LANCER FOOD COURT

MARCH 2026

FREE BREAKFAST & FREE LUNCH FOR ALL STUDENTS!

*MENU SUBJECT TO CHANGE

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY
EMPLOYER



BREAKFAST

CHOOSE 1 ENTRÉE:

MONDAY – PANCAKES

TUES – BACON/EGG/CHEESE CROISSANT

WED – BREAKFAST BOWL

THURS – SAUSAGE & CHEESE BISCUITWICH

FRIDAY – HAM/EGG/CHEESE BREAKFAST CIABATTA

*Fruit Tarts, Donuts, Cereal, Breads, Pastries,
Muffins & Buns Available Daily

CHOOSE 1 FRUIT AND/OR FRUIT JUICE:

VARIETY OF FRUIT & JUICE AVAILABLE DAILY

CHOOSE 1 MILK:

LOW FAT WHITE OR FAT FREE CHOCOLATE MILK

*CHOOSE AT LEAST 3 FOOD ITEMS OR UP TO 4
ITEMS TOTAL FOR A COMPLETE, FREE BREAKFAST
NATIONAL SCHOOL BREAKFAST WEEK-
MARCH 2ND – 6TH

PIZZA PIZZA!!!

MONDAY – FRENCH BREAD PIZZA

**TUESDAY – BIG D'S BOLD CHEESE &
PEPPERONI PIZZA**

WEDNESDAY – SOCK PIZZA

**THURSDAY – BIG D'S BUFFALO
CHICKEN & CHEESE PIZZA**

**FRIDAY – PERSONAL PIZZA –
CHEESE & PEPPERONI**

LANCER COURT FAVS

MON, 3/2: CHICKEN NUGGETS & ROLL/CRISPY FRIES

TUES, 3/3: ULTIMATE NACHOS/REFRIED BEANS

WED, 3/4: BUFFALO CHICKEN FLATBREAD/CORN

THURS:3/5:PORK BBQ SANDWICH, PICKLES & SLAW/POTATO TRIANGLES

FRIDAY, 3/6: PIZZA CRUNCHERS & MARINARA/BROCCOLI

MON, 3/9: CHICKEN TENDERS & BREADSTICK/MIXED VEGGIES

TUES, 3/10: ALL BEEF HOT DOG & PIEROGIES/BAKED BEANS

WED, 3/11: PASTA/MEAT SAUCE W/GARLIC BREAD/GREEN BEANS

THURS,3/12:CHICKEN SMACKERS & CORN POPPERS/TATER TOTS

FRIDAY, 3/13: EARLY DISMISSAL – CALZONE/SAVORY CARROTS

MON, 3/16: NO SCHOOL FOR STUDENTS

TUES, 3/17: FRENCH TOAST STICKS & SAUSAGE/HASH BROWN

WED, 3/18: WALKING TACO/REFRIED BEANS

THURS,3/19: KICKIN' CHICKEN CHEESY MAC & CORNBREAD/CORN

FRIDAY, 3/20: TOASTY CHEESE SANDWICH & TOMATO SOUP/PEAS

MON, 3/23: BEEF BBQ SANDWICH/TATER SQUARES

TUES, 3/24: CHICKEN ALFREDO & GARLIC KNOT/GREEN BEANS

WED, 3/25: BOSCO STICKS & MARINARA/BROCCOLI

THURS,3/26: HAM & CHEESE PRETZEL ROLL MELT & FRITOS/CARROTS

FRI, 3/27: GENERAL TSO'S CHICKEN & RICE/TERIYAKI VEGGIES

MON, 3/30: CHICKEN NUGGETS & ROLL/CRISPY FRIES

TUES, 3/31: ULTIMATE NACHOS/REFRIED BEANS



HOW TO MAKE A COMPLETE LUNCH:

Choose an Entrée. Choose a Milk.
Complete your meal w/2 veggies &
1 fruit – MS/2 Fruits – HS

*Decline items you do not want. Choose
3-5 items total, one of which must be a
fruit or veggie

AVAILABLE DAILY AT LUNCH:

*Variety of Fresh Veggies & Salads

*Variety of Fresh Fruit, Canned, Dried &
Frozen Fruit &/or 100% Fruit Juice

*Low Fat White/Fat Free Chocolate Milk

GRAB & GO DAILY SPECIALS

*SMUCKERS PBJ *YOGURT PARFAIT

*CHEESE & CRACKER SNACKER

MONDAY: TURKEY HERO/CHICKEN
RANCH WRAP/CLASSIC CHEF SALAD

TUES: ITALIAN SUB/TURKEY CLUB
WRAP/SOUTHWEST CHICKEN SALAD

WED: TURKEY HERO/BUFFALO CHICKEN
WRAP/BISTRO CHICKEN SALAD

THURS: AMERICAN SUB/HAM & CHEESE
WRAP/CHICKEN CAESAR SALAD

FRIDAY: TURKEY HERO/SWEET CHILI
CHICKEN WRAP/CRISPY CHICKEN
MARKET SALAD

VEGETARIAN SALADS & SUBS AVAILABLE DAILY

THE GRILL ZONE

MONDAY: CRISPY/SPICY CHICKEN
SANDWICH

TUES: CHEESEBURGER/ HAMBURGER/
VEGGIE BURGER

WED: CRISPY/SPICY CHICKEN
SANDWICH

THURS: CHEESEBURGER/HAMBURGER/
VEGGIE BURGER

FRIDAY: CRISPY/SPICY CHICKEN
SANDWICH