

## THE LANCER FOOD COURT

MAY/JUNE 2026

### FREE BREAKFAST & FREE LUNCH FOR ALL STUDENTS!

\*MENU SUBJECT TO CHANGE

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY  
PROVIDER



### BREAKFAST

#### CHOOSE 1 ENTRÉE:

MONDAY – PANCAKES

TUES – BACON/EGG/CHEESE CROISSANT

WED – BREAKFAST PIZZA

THURS – SAUSAGE & CHEESE BISCUITWICH

FRIDAY – WESTERN EGG, HAM & CHEESE

BREAKFAST BURRITO

\*Fruit Tarts, Donuts, Cereal, Breads, Pastries,  
Muffins & Buns Available Daily

#### CHOOSE 1 FRUIT AND/OR FRUIT JUICE:

VARIETY OF FRUIT & JUICE AVAILABLE DAILY

#### CHOOSE 1 MILK:

LOW FAT WHITE OR FAT FREE CHOCOLATE MILK

\*CHOOSE AT LEAST 3 FOOD ITEMS OR UP TO 4  
ITEMS TOTAL FOR A COMPLETE, FREE MEAL

### **PIZZA PIZZA!!!**

**MONDAY – STUFFED CRUST PIZZA**

**TUESDAY – BIG D'S BOLD CHEESE &  
PEPPERONI PIZZA**

**WEDNESDAY – SOCK PIZZA**

**THURSDAY – BIG D'S BUFFALO  
CHICKEN & CHEESE PIZZA**

**FRIDAY – PERSONAL PIZZA –  
CHEESE & PEPPERONI**

### LANCER COURT FAVS

FRIDAY, 5/1: PIZZA CRUNCHERS & MARINARA/BROCCOLI

MON, 5/4: CHICKEN TENDERS & BREAD STICK/POTATO TRIANGLES

TUES, 5/5: CINCO DE MAYO! CHICKEN FAJITA, BLACK BEANS & RICE/CORN

WED, 5/6: PASTA/MEAT SAUCE W/GARLIC BREAD/GREEN BEANS

THURS, 5/7: CHICKEN SMACKERS & ROLL/MIXED VEGGIES

FRIDAY, 5/8: HAM & CHEESE MELT/TATER TOTS

MON, 5/11: KOREAN BBQ CHICKEN LO MEIN/STIR FRIED VEGGIES

TUES, 5/12: BUFFALO CHICKEN DIP & TORTILLA CHIPS/SAVORY CARROTS

WED, 5/13: WALKING TACO/REFRIED BEANS

THURS, 5/14: ROAST TURKEY & GRAVY MASHED POTATO BOWL & ROLL/CORN

FRIDAY, 5/15: ALL BEEF HOT DOG/POTATO WEDGES

MON, 5/18: CHICKEN NUGGETS & CORN BREAD POPPERS/SWEET PEAS

TUES, 5/19: CHICKEN ALFREDO & GARLIC KNOT/GREEN BEANS

WED, 5/20: BOSCO STICKS & MARINARA/BROCCOLI

THURS, 5/21: ULTIMATE NACHOS/CORN

FRI, 5/22: BEEF BBQ SANDWICH/POTATO SMILES

MON, 5/25: MEMORIAL DAY – NO SCHOOL TODAY

TUES, 5/26: CHICKEN CHEESE STEAK SANDWICH/CRISPY FRIES

WED, 5/27: BUFFALO CHICKEN FLAT BREAD/MIXED VEGGIES

THURS, 5/28: BEEFY MAC & GARLIC BREAD/BUTTERED CARROTS

FRIDAY, 5/29: COOK'S CHOICE

JUNE 1<sup>S</sup>, 2<sup>ND</sup>, 3<sup>RD</sup> & 5<sup>TH</sup> – COOK'S CHOICE



### HOW TO MAKE A COMPLETE LUNCH:

Choose an Entrée. Choose a Milk.  
Complete your meal w/2 veggies & 1 fruit  
– MS/2 Fruits – HS

\*Decline items you do not want. Choose  
3-5 items total, one of which must be a  
fruit or veggie

#### AVAILABLE DAILY AT LUNCH:

\*Variety of Fresh Veggies & Salads

\*Variety of Fresh Fruit, Canned, Dried &  
Frozen Fruit &/or 100% Fruit Juice

\*Low Fat White/Fat Free Chocolate Milk

### GRAB & GO DAILY SPECIALS

\*SMUCKERS PBJ \*YOGURT PARFAIT  
\*CHEESE & CRACKER SNACKER

MONDAY: TURKEY HERO/CHICKEN  
RANCH WRAP/CLASSIC CHEF SALAD

TUES: ITALIAN SUB/TURKEY CLUB  
WRAP/SOUTHWEST CHICKEN SALAD

WED: TURKEY HERO/BUFFALO CHICKEN  
WRAP/BISTRO CHICKEN SALAD

THURS: AMERICAN SUB/HAM & CHEESE  
WRAP/CHICKEN CAESAR SALAD

FRIDAY: TURKEY HERO/SWEET CHILI  
CHICKEN WRAP/CRISPY CHICKEN  
MARKET SALAD

\*VEGETARIAN SALADS & SUBS AVAILABLE DAILY\*

### **THE GRILL ZONE**

MONDAY: CRISPY/SPICY CHICKEN  
SANDWICH

TUES: CHEESEBURGER/ HAMBURGER/  
VEGGIE BURGER

WED: CRISPY/SPICY CHICKEN  
SANDWICH

THURS: CHEESEBURGER/HAMBURGER/  
VEGGIE BURGER

FRIDAY: CRISPY/SPICY CHICKEN  
SANDWICH