



OCTOBER 2026

DONALD E. SCHICK ELEMENTARY SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST: SUPER CEREAL CUP 5
BREAKFAST BUN
LUNCH: CHICKEN TENDERS & ROLL
OR YOGURT POWER PACK OR
CHICKEN RANCH WRAP OR PBJ
POTATO SQUARES/BABY CARROTS
KIWI STRAWBERRY SIDE KICK/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 6
CONFETTI WAFFLE
LUNCH: FISH STICKS & CHEESY MAC
OR PIZZA PARTY MUNCHABLE OR
CHICKEN RANCH WRAP OR PBJ
ROASTED BROCCOLI/CELERY STICKS
JUICY PINEAPPLE/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 7
BANANA BREAD
LUNCH: MEATBALL & MOZZ MELT SANDWICH
OR BREAKFAST BITES MUNCHABLE OR
CHICKEN RANCH WRAP OR PBJ
SAVORY CARROTS/EXTREME BEAN SALAD
APPLESAUCE/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 8
BACON, EGG & CHEESE BREAKFAST SANDWICH
LUNCH: CRISPY CHICKEN SANDWICH
OR TURKEY & CHEESE SUBWICH OR
KID SUPER CHEF SALAD OR PBJ
PASTA SALAD/CUCUMBER WHEELS
MIXED FRUIT/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 9
FRENCH TOAST MINIS
LUNCH: CHEESE OR PEPPERONI PIZZA
OR YOGURT & DIPPERS OR
KID SUPER CHEF SALAD OR PBJ
GREEN BEANS/MIXED-UP VEGGIE CUP
CRUNCHY APPLE SLICES/MILK CHOICE

NO SCHOOL TODAY 12
OCTOBER 12TH-16TH IS
NATIONAL SCHOOL LUNCH WEEK
"CAFETERIA CURCUS: WHERE
NUTRITION TAKES CENTER STAGE!"



BREAKFAST: SUPER CEREAL CUP 13
MAPLE PANCAKES
LUNCH: STRONGMAN MIGHTY NUGGETS
WITH SOFT PRETZEL RODS OR
PIZZA PARTY MUNCHABLE OR
CRISPY CHICKEN GARDEN SALAD OR PBJ
WAFFLE FRIES/BABY CARROTS
APPLESAUCE/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 14
CHERRY OR APPLE FRUDEL
LUNCH: CLOWN'S CRISPY NACHOS
OR BREAKFAST BITES MUNCHABLE OR
CRISPY CHICKEN GARDEN SALAD OR PBJ
CORN/GRAPE TOMATOES
MIXED FRUIT/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 15
SAUSAGE & CHEESE BISCUIT
LUNCH: HOT DOGGITY CORN DOG OR
TURKEY & CHEESE SUBWICH OR
CRISPY CHICKEN GARDEN SALAD OR PBJ
BAKED BEANS/CUCUMBER WHEELS
PEARS/MILK CHOICE/ICE CREAM TREAT!

BREAKFAST: SUPER CEREAL CUP 16
FRENCH TOAST MINIS
LUNCH: UNDER THE BIG TOP DUTCH
WAFFLE DIPPERS & SAUSAGE OR
YOGURT & DIPPERS OR CRISPY CHICKEN
GARDEN SALAD OR PBJ
CRUNCHERZ!/CELERY STICKS
PEACHES/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 19
BREAKFAST BUN
LUNCH: POPCORN CHICKEN & RAINBOW RICE OR YOGURT POWER PACK OR
CHEESE & CRACKER SNACKER OR PBJ
SWEET POTATO CRINKLES/BROCCOLI
APPLESAUCE/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 20
CONFETTI WAFFLE
LUNCH: WALKING TACO OR
PIZZA PARTY MUNCHABLE OR
CHEESE & CRACKER SNACKER OR PBJ
REFRIED BEANS/BABY CARROTS
JUICY PINEAPPLE/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 21
BANANA BREAD
LUNCH: CRISPY CHICKEN SANDWICH OR
BREAKFAST BITES MUNCHABLE OR
CHEESE & CRACKER SNACKER OR PBJ
POTATO TRIANGLES/CAULIFLOWER BITES
PEARS/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 22
HASH BROWN & EGG EARLY RISE
LUNCH: PASTA BOWL W/MEAT SAUCE
& GARLIC BREAD OR
TURKEY & CHEESE SUBWICH OR
CHEESE & CRACKER SNACKER OR PBJ
GREEN BEANS/GARDEN SALAD
GOLDEN BANANA/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 23
BREAKFAST RING
LUNCH: CHEESE OR PEPPERONI PIZZA
OR YOGURT & DIPPERS OR
CHEESE & CRACKER SNACKER OR PBJ
MIXED VEGGIES/MANGO SPLASH JUICE
MANDARIN ORANGES/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 26
GOOD MORNING MUFFIN
LUNCH: CHICKEN SMACKERS &
BREADSTICK OR YOGURT POWER PACK
OR KID SUPER CHEF SALAD OR PBJ
EMOJI TATERS/BABY CARROTS
PEACHES/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 27
MAPLE PANCAKES
LUNCH: MAX STICKS & MARINARA OR
PIZZA PARTY MUNCHABLE OR
KID SUPER CHEF SALAD OR PBJ
GOLDEN CORN/BROCCOLI DIPPERS
APPLESAUCE/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 28
CHERRY OR APPLE FRUDEL
LUNCH: CHEESEBURGER/HAMBURGER
OR BREAKFAST BITES MUNCHABLE OR
KID SUPER CHEF SALAD OR PBJ
CRISPY FRIES/CELERY STICKS
PEARS/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 29
SAUSAGE BITES
LUNCH: TOASTY CHEESE SANDWICH
OR TURKEY & CHEESE SUBWICH OR
KID SUPER CHEF SALAD OR PBJ
TOMATO SOUP & CRACKERS/CRUNCHERZ!
PEARS/MILK CHOICE

BREAKFAST: SUPER CEREAL CUP 30
FRENCH TOAST MINIS
LUNCH: MUMMY DOG!
OR YOGURT & DIPPERS OR
KID SUPER CHEF SALAD OR PBJ
SKELETON BONES/WITCHES BREW
EEK! FROSTY FRUIT ICE/MILK CHOICE
HAPPY HALLOWEEN RICE KRISPIE TREAT!

AVAILABLE DAILY FOR PURCHASE: *8 OZ. BOTTLED WATER .75

*ASSORTED WHOLE GRAIN SNACKS \$1.00

*100% FRUIT JUICE CAPRI SUN \$1.00

*STRING CHEESE .75 *PUDDING \$1.00 *GO-GURT YOGURT .75

*1% MILK & FF CHOCOLATE MILK .75

*QUESTIONS? bhufnagel@loyalsocklancers.org or 570-323-3211

